FOR THE LATE-20S
KICK OFF YOUR ADVENTUROUS NEW LIFE IN NEW ZEALAND

A relaxed holiday in a beautiful beach resort may be the popular choice among honeymooners but with the exuberance you carry in your 20s, head off to New Zealand to kick start this new chapter in the most audacious fashion.

With a myriad of choices and surreal landscapes, you’ll wake up to astounding views, experience edge-of-the-seat thrills, and sleep under starry skies.

**BEST PERIOD**
November to March

**MINIMUM TIME**
Two weeks

BO TORNVIG/GETTYIMAGES; BELOW: SHUTTERSTOCK (3)

**SHUTOVER JET**
Feel each other’s heart beat and let go of your deepest fears as the jet boat hits the water at 85 kilometres per hour. Expect innumerable adrenaline-pumping moments as the jet teases its way past craggy rocks, boulders, and towering canyon walls.

[shotoverjet.com](http://shotoverjet.com)

**FRANZ JOSEF GLACIER HIKE**
Embark on a helicopter ride to witness the majestic ice glacier, Franz Josef. Upon landing, slip into warm clothes and navigate through ice crevasses while enjoying the stunning formations and alpine surroundings.

[franzjosefglacier.com](http://franzjosefglacier.com)

**MILFORD CRUISE**
If not the most adrenaline rushing activity, a Milford Sound cruise is definitely the most romantic of it all. Cruise along the heritage area of Fiordland Park discovering waterfalls, fur seals, and absorbing unbelievable vistas.

[cruisemilfordnz.com](http://cruisemilfordnz.com)

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Your first holiday as a couple is special and the occasion demands a city that is stunning and befits your style. Couples today have options aplenty—there are exotic, far-flung destinations and then, there are places closer home, magical and irresistible. Whatever be your age, we know a piece of land you wouldn’t stop mooning over.

**Divya Behl and Vikas Plakkot**
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T+L PICKS MOST ENTHRALLING ADVENTURES

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FOR THE MID-30s

RELIVE THE MAGIC OF THE ARABIAN NIGHTS IN VIBRANT MOROCCO

By your mid-30s, you’ve probably backpacked with friends, holidayed on the beach, and been away on enough work trips. Now, when it’s time to plan your first trip with your partner, go off-the-beaten path to a destination full of magical charms—Morocco. Live the first few days like a fairy-tale couple, one straight out of an Arabian Nights book. An eclectic mix of chaos and peace, Morocco tickles a different romantic nerve. While you may spend one day roughing it out on the camel top in the Sahara Desert, the other could be spent spoiling yourself in an oasis-style resort.

BEST PERIOD March to May | MINIMUM TIME 10 days

T+L PICKS NOT TO MISS

HAMMAM AT TERRE RESORT & SPA
Experience the age-old tradition of a Turkish hammam in one of the very few places that allow a couple to experience it together. Unwind in the steam of the hammam followed by ginger scrub, floral bath, and have juice cocktails to cap it all. octogonehotels.com

STAY AT RIAD YASMINE
Situated in the heart of the city’s medina, this seven-room hideaway comes with a plunge pool flanked by palm trees. Close by, the heart of the Marrakech, is the Djemaa el-Fna square which is a hub of music, local food, story-tellers, and snake-charmers. riad-yasmine.com

A couple enjoys a camel trek in the Sahara Desert.
FOR THE EARLY-40S

CHASE THE NORTHERN LIGHTS IN ICELAND

With itchy feet and an ever-growing bucket list that needs attention, this is probably the best time to tick some of the top destinations off. For your first holiday as a couple, consider an experience that’s new to both of you—how about watching the Northern Lights in Iceland?

A phenomenon seen only in the biting winter months, Northern Lights or Aurora Borealis is incredible. Nature paints the night sky in striking shades of green, yellow, blue, violet, and pink. Book yourself into a beautiful hotel in the countryside, snuggle up to each other by the fire, and look up at the skies to capture the moment of magic.

BEST PERIOD November to February
MINIMUM TIME 10 days

T+L PICKS  BEST COUNTRYSIDE HOTELS

[AURORA LODGE]
In the village of Breiddalsvik, with a population of a little over 100, this boutique guest house comes with a free dose of peace and tranquility. Your time will be spent sampling their oven-baked cakes, digging into the regional cuisine they serve for meals, and giving each other all the time and attention. breiddalsvik.is

[HOTEL RANGA]
This luxury resort in Southern Iceland provides special service for Northern Lights viewing. They’ll take you on jeeps to secluded spots, give you photography tips, and do everything to ensure you go back having seen the lights. hotelranga.is

Camping in Iceland with the Northern Lights overhead.
FOR THE MID-50s

JOURNEY ALONG CULTURALLY ASTOUNDING JAPAN

As you enter your new phase of life, experience a land that is unique and visually stunning. With friendly locals, an efficient transportation system, unspoiled culture, and a different approach to luxury, Japan is unconventionally special. Immerse yourselves in its traditions such as living in a ryokan where you don’t have to move so much as to even serve yourself, or visiting an onsen to take a dip in the hot springs.

BEST PERIOD March to May; August to November  |  MINIMUM TIME Two weeks

T+L PICKS TOP CULTURAL EXPERIENCES

KYOTO’S GEISHA DANCE
Experience the age-old tradition of a geisha dance. Arrange an exclusive dinner in Gion Hatanaka Ryokan in Kyoto where trained geishas perform their masterful art for you. the-ryokan.com

HANAMI IN TOKYO
In Tokyo’s Ueno-koen Park, under the blooming cherry trees, join locals with beer, sake, and music. Cherry blossoms can be witnessed all across the country at this time and they are a sight to behold.

MEET SUMO WRESTLERS IN TOKYO
The ritualistic sport involves a match lasting only a few seconds but the pre-game traditions are as entertaining as the sport itself. Catch it in May or September in Tokyo.
FOR THE 60+

CRUISE ALONG THE IRRAWADDY RIVER IN MYANMAR

Life post retirement is a bit like second infancy but time has come to spoil yourselves the way you were in childhood. Whisk away into the lap of luxury offered by a river cruise along the magnificent Irrawaddy river in Myanmar.

The seven-day retreat aboard Sanctuary Ananda (sanctuaryretreats.com) floats along rivers Irrawaddy and Chindwin, adorned in every bit of luxury that you’d ever need. As you sail from Bagan to Mandalay with cocktails in hand, quietly whizzing past the sacred wonders of Burma, watch the sun set behind the grand pagodas. Enjoy a grand breakfast in bed the following day, reminisce about life gone by as time moves at a languid pace on this ship. Myanmar’s untouched beauty remains far from the prying tourist eyes, thus giving you a glimpse of the raw state of nature.

BEST PERIOD October to February  |  MINIMUM TIME One week